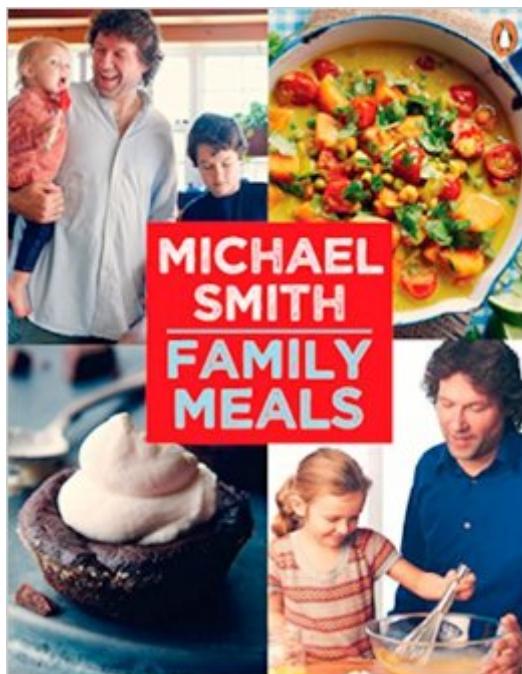


The book was found

Family Meals: 100 Easy Everyday Recipes



Synopsis

Real homemade food for your family is easy to make!Â Can't decide what to make for dinner that everyone in the family will enjoy? Are you craving healthy, simple and delicious recipes for breakfasts, packed lunches, snacks and weekday dinner when you're short on time? Are you looking for ways to make mealtime fun and get your family involved in the kitchen? Well, look no further. An advocate for simple, healthy cooking, Michael Smith knows that his most important job is family cook, so he wants to inspire and help you create great-tasting meals for your own familyâ "and make some lasting memories along the way!Â Michael is passionate about cooking real homemade food. In *Family Meals*, he shares easy-to-make recipes that he loves to cook for his own family, along with tips on how to make cooking together fun. Turn your kitchen into a gathering place for your whole family while you prepare and share meals.Â *Family Meals* features 100 recipes straight from Michael's home kitchen. Kick-start your day with Nutmeg Waffles with Banana Butter, Nutty Seed Granola or Tropical Fruit Smoothies for breakfast; pack delicious lunches and snacks like Chicken Lettuce Wraps and Granola Muffins to get the whole family through their busy day. And, you'll find a variety of one-pot meals, hearty soups, stews, casseroles and quick, easy-to-make meals that are all great for a busy week. Your whole family is sure to enjoy dishes such as Weekend or Weeknight Beef Stew, Stovetop Chicken with Herb Dumplings, Tortilla Lasagna and Chia Veggie Burgers, plus treats your family won't be able to resist like Boston Cream Cupcakes and Fallen Chocolate Cake Stuffed with Whipped Cream.Â *Family Meals* is a must-have for families to enjoy cooking and eating healthy, delicious food together.Â

Book Information

Paperback: 288 pages

Publisher: Penguin Canada; Probable First edition (August 5, 2014)

Language: English

ISBN-10: 0143184113

ISBN-13: 978-0143184119

Product Dimensions: 8.5 x 0.9 x 10.9 inches

Shipping Weight: 2.9 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #391,484 in Books (See Top 100 in Books) #44 inÂ Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes #1155 inÂ Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy

[Download to continue reading...](#)

Family Meals: 100 Easy Everyday Recipes Everyday Thai Cooking: Quick and Easy Family Style Recipes [Thai Cookbook, 100 Recipes] The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts and more! Toaster Oven: 30 Quick and Easy Homemade Recipes and Oven-Baked Meals to Cook for Two (Creative Cooking & Healthy Meals) Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Nourishing and Delicious Meals (Pressure Cooker Recipes, Pressure Cooker) (Volume 1) 100 Days of Real Food: How We Did It, What We Learned, and 100 Easy, Wholesome Recipes Your Family Will Love 100 Creative Ways to Use Rotisserie Chicken in Everyday Meals Primal Blueprint Quick and Easy Meals: Delicious, Primal-approved meals you can make in under 30 minutes (Primal Blueprint Series) Pillsbury: One-Dish Meals Cookbook: More Than 300 Recipes for Casseroles, Skillet Dishes and Slow-Cooker Meals The Blender Girl: Super-Easy, Super-Healthy Meals, Snacks, Desserts, and Drinks--100 Gluten-Free, Vegan Recipes! Vegan: 100 Delicious Recipes For The Beginner Vegan,: Lean Meals, Diet Plans,slow cooker,recipes (vegan cookbook,vegan diet,vegan recepies,vegan ice cream,vegan ... cooker,vegan protein powder,vegan protein) Gastro Grilling: Fired-up Recipes To Grill Great Everyday Meals Everyday Grain-Free Baking: Over 100 Recipes for Deliciously Easy Grain-Free and Gluten-Free Baking Electric Pressure Cooker: 365 Quick & Easy, One Pot, Pressure Cooker Recipes For Easy Meals Learn Russian | Easy Reader | Easy Listener | Parallel Text Audio Course No. 1 (Russian Easy Reader | Easy Learning | Easy Audio) The New Slow Cooker: More Than 100 Hands-Off Meals to Satisfy the Whole Family Biggest Loser Family Cookbook: Budget-Friendly Meals Your Whole Family Will Love Canning And Preserving Cookbook: 100+ Mouth-Watering Recipes of Canned Food: (Canning and Preserving Cookbook, Best Canning Recipes) (Home Canning Recipes, Pressure Canning Recipes) Diabetic Living Diabetes Meals by the Plate: 90 Low-Carb Meals to Mix & Match Greek Cuisine Cookbook: 50 Easy and Delicious Greek Recipes (Greek Recipes, Mediterranean Recipes, Greek Food, Quick & Easy)

[Dmca](#)